

A Warm Welcome to Our Guests

Thank you for joining us this morning!
We are grateful that you choose to be with us,
and we invite you to sign the guest book in Benker Hall.

For more information about the church:

Website: www.uumedford.org

Facebook: **Unitarian Universalist Church of Medford**

Email: office@uumedford.org

Telephone: (781) 396-4549

Welcoming Congregation

The Unitarian Universalist Church of Medford is recognized by the Unitarian Universalist Association as a Welcoming Congregation. This means that we are a church that is inclusive and expressive of the concerns of gay, lesbian, bisexual, and transgender persons at every level of congregational life.

Church Staff

Nitai Wilson: Children's Program Director: dcp@uumedford.org

Sage Fogle: Music Director: music@uumedford.org

Lindsey Greene: Coordinator of Worship and Community Life:
coordinator@uumedford.org

Church Office: office@uumedford.org

Sharing Their Ministry in Today's Service:

Service Leader: Rev. Tess Baumberger

Worship Associate: Liz Ammons

Music: Sage Fogle

Tech Volunteers: Dennis Keane, April Evans, Nate Douglas

Next Week: MaryCate Gustafson

Sunday March 8th, 2026

Unitarian Universalist Church of Medford



What Resilience Isn't
Rev. Tess Baumberger

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Our capacity to adapt positively to hardship is born in the spaces of our entanglements...We take turns being resilient for one another during, over, and beyond our lifetimes.

-from *The Resilience Myth* by Soraya Chemaly

***Morning Songs**

Hymn #272 O Prophet Souls of All the Years

Words: Frederick Hosmer; Music: John Wilson

Hymn #1012 When I am Frightened

Words & Music: Shelley Jackson Denham

The Bell Sounds and Candles Are Lit

Prelude: I Remember

Stephen Sondheim

Call to Worship: To Embody Resilience with Every Breath

Rev. Dr. Rebekah Savage

Welcome and Greeting

Chalice Lighting

Rev. Scott Tayler

***Covenant**

*Love is the heart of this church. We commit to:
Being a diverse, welcoming community of mutual care and respect;
Supporting each other's spiritual journey and search for truth and meaning;
Promoting justice and serving the wider community.
We hold ourselves to this promise with compassion and understanding.*

***Hymn #100** I've Got Peace Like a River

Words & Music: Marvin V. Frey, vs. 4-6 anonymous author

Time for All Ages: The Journey of the Stream

Nancy King

Children's Parting Song: Go in Peace

Words: Li Kynvi; music: Andey Amata and Molly Ruggles

Our beloveds, we are with you; go in peace. May the spirit of love surround you; go in peace. (repeat)

Our Story

Liz Ammons

Opportunity for Generosity

Offertory: Chorale #122

JS Bach

Offering Response: Hymn #402 From You I Receive

From you I receive, to you I give. Together we share, and from this we live. (repeat)

Candles of Joys, Sorrows and Milestones

Prayer: Prayer for Resilience

Rev. Douglas Taylor

Silent Meditation

Responsive Reading: #468 We Need One Another

George O'Dell

Special Music: In These Hard Times

Words & Music: Linda Hirschhorn

Sermon: What Resilience Isn't

***Hymn #1021** Lean on Me

Bill Withers

Community Closing: May Resilience Cascade

Rev. Dr. Rebekah Savage

Extinguishing the Chalice:

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Our worship has ended, our service begins.

Postlude: Lean On Me

Bill Withers

*You are invited to rise as you are able